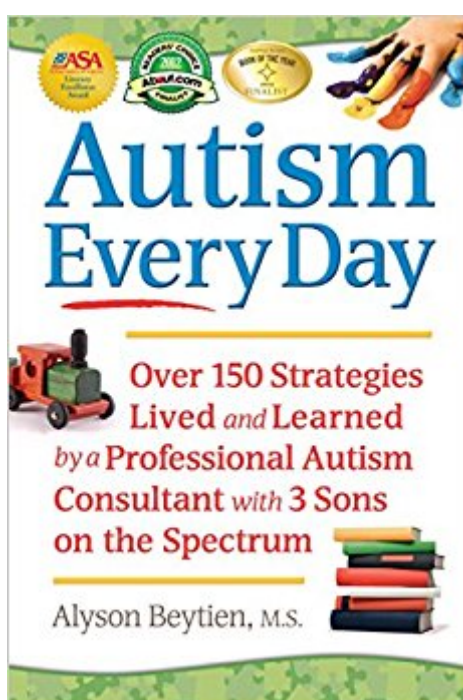


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# Autism Every Day: Over 150 Strategies Lived And Learned By A Professional Autism Consultant With 3 Sons On The Spectrum



## Synopsis

Stemming from a wealth of both professional and personal experience, this guidebook combines real-life stories of challenges and successes with practical ideas for handling autism, every day. Autism consultant Alyson Beytien outlines over 150 tried-and-true techniques for home, school, and community. Alyson's three boys cover the whole spectrum of autism, Asperger's syndrome, high-functioning autism, and classic autism. She understands the wide range of needs these children have and has discovered what helps and what hinders. Covering a full gamut of issues from picky-eating and echolalia to IEPs and The Woes of Walmart. Alyson's ideas and interventions will inspire and inform all those who are connected to a person with autism. Alyson believes that each day brings more opportunities to learn, problem-solve, and celebrate the joys that children with autism bring to our world after all, today's crisis is tomorrow's humor. Her family's motto will soon become your everyday mantra: **Improvise and Overcome!**

## Book Information

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## Customer Reviews

"Alyson is able to turn the mundane into the extraordinary, and deliver life's important messages in ways that resonate and linger." —Diane Twachtman-Cullen, Ph.D., CCC-SLP, Editor-in-Chief, Autism Spectrum Quarterly

Alyson Beytien, M.S. is a popular national and international speaker, parent/teacher trainer, and mother of three sons with autism. She is a consultant and trainer for school systems throughout the United States and Canada on educating individuals with autism. She has delivered over 300

presentations for numerous organizations on autism, spanning a wide range of topics. Alyson is the Behavioral Specialist at the Mercy Service Club Autism Center in Dubuque, Iowa, where she is involved in assessment, intervention, and training for individuals with autism spectrum disorders. She is also a columnist for the Autism Spectrum Quarterly magazine.

I bought this book after listening to Alyson speak. I bought two more after that. My whole family has read and loved this book! I have two children with autism and I am always looking for ideas to help them. I was inspired by her spunk, her practical advice, and her obvious love for her "guys". This book is such an easy read! Alyson is so honest and so real and her strategies at the end of each chapter are fantastic! This book will make you laugh, cry, and will give you hope for the future for your loved one with autism.

This book was very disappointing. I have a 7 year old son diagnosed with ASD just over a year ago. I'm not a mental health or educational professional, but when I received the diagnosis, I did do SOME research. I paid close attention in his IEPs, I asked questions at his pediatricians appointments, I spent as much time as I felt necessary when discussing his issues with these professionals. All of these things (that I consider a part of parenting ANY child) lead me to most of the suggestions in this book. Perhaps I set the bar too high for this book. Maybe it's better suited for a parent that had no idea their child may be autistic and has no clue where to even begin. But for someone that has done any research into an ASD diagnosis, I would not recommend this book.

Disclaimer: I have met the Beytien family, and have been fortunate to see them in action and to have heard some of the experiences related in this book prior to purchasing it for myself. Even so, this family's experiences move me to laughter and tears. I continue to be impressed with Alyson's breadth of knowledge and her continuing search to learn all she can to help her sons lead joyful lives. She is very generous to share her personal experiences as a way to help other parents. Even as a parent of "typical" children, I find that I can apply most of what Alyson shares to my own life. She deals with the issues many people hesitate to address, and that some are afraid to ask about. Alyson's writing style is fresh and direct. Her message is straightforward and easy to follow. I especially like the brief summary of points at the end of each chapter. Too often, when reading something informational about something I am stressed or worried about, I can lose track of what I am meant to be learning. Alyson's format prevents that from happening. Whether you are the parent, grandparent, neighbor, or educator of a child with autism, this book will give you insight into how you

can help.

I have 2 grandsons that were diagnosed with PPCD. Each with different parents. I am reading any books I could get my hands on to help me understand this spectrum. Some books were for, I feel, doctors and teachers with technical terms that they would understand. This book is on my level. I relate to this mother even though I'm a grandmother taking care of one of these precious boys. I followed some of her guidelines and they are working. Thank you Mrs. Bedtime.

Great book! Very easy to read and implement the ideas presented. It also didn't make me feel so alone as the mother of son with autism.

Our son was just diagnosed with ADS and we are trying to learn as much as we can. The book has a lot of practical advice and information. We are thankful for the information.

Some worked, some didn't. But at this stage, any help, is golden.

Of everything I have read so far, this book has helped me the most to understand and guide my child with autism. I think it is a must read for parents of a child on the spectrum.

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